#### The Crown Hotel Exmoor

#### **BREAKFAST MENU**

### Monday - Sunday: 8am to 9.30am

Prices for Non-Residents: Continental & Cooked Breakfast ~ £16.95 Cooked Breakfast only ~ £12.50 Continental only ~ £9.50

#### **Continental**

- Toast ~ White or Granary
  Or Gluten Free
- Selection of cereals ~ Alpen, Cornflakes, Weetabix or Granola (Gluten Free)
  - Fresh fruit with natural yogurt on the side
- Porridge with honey on the side (gluten free available)

\*we have dairy free yogurt, flora spread and oat, almond and soya milk also available

#### **Cooked Breakfasts**

- Boiled eggs
- Super Food Breakfast

Toasted sourdough topped with bacon or smoked salmon, sliced avocado, poached egg, wholegrain mustard mayo sprinkled with pine nuts & seeds

# Full English Breakfast

Pork sausage ~ Back bacon ~ Grilled tomato ~ Field mushroom Baked beans ~ Fried bread ~ Black pudding Fried / Poached / Scrambled free range eggs

## Vegetarian Breakfast

Grilled Halloumi cheese ~ Field mushroom ~ Fried bread ~ Baked beans Grilled tomato ~ Fried/Poached/scrambled free range eggs

## Vegan Breakfast

2 plant based sausages with grilled tomato, field mushrooms, fried bread and baked beans

Smoked salmon and scrambled eggs

<sup>\*</sup> Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS and MILK. Please speak with a member of staff about the ingredients in your meal before placing your order.

